

Q&A For Front Desk and Spa Attendants

What is gemstone massage?

This massage uses warm and cool crystals, as well as gemstones for a well-being treatment/massage. It's a holistic approach to natural wellness. The therapist will use traditional hands on massage techniques, and she will be adding various gemstones during the treatment.

What will be different in this treatment?

The therapist is using gemstones in various shapes and sizes during the massage.

Can you tell me what happens?

You are going to feel great... the gemstones add a feeling to the body work, and you might have an enlightened experience or simply feel a deep relaxation.

What makes crystal massage different?

The energy of the gemstones, along with the gemstone oil makes the massage a beautiful experience. The gem wands can direct energy into an area or remove blocks of energy that are stagnant.

Various gemstone massage groups (use the one that is appropriate for your spa/property)

Anti-Stress (Aventurine, Magnesite, Smoky Quartz)

This massage is for relaxation and destressing the body.

Regeneration (Unakite, Sea Jasper, Ruby Zoisite)

This massage restores energy levels and is used for recovery.

Security (White Agate, Nephrite Jade, Serpentine)

This massage helps one feel secure, protected, and promotes feelings of self-confidence and harmony between the mind and body.

Serenity (Blue Quartz, Dumortierite, Magnesite)

This massage helps one unwind and put things into perspective and find inner peace.